Dear Colleagues,

We are pleased to invite you to the 2019 Sydney Colorectal Surgical Meeting to update you on continuing controversies, recent advances and future directions in colorectal surgery.

We are delighted to have attracted three international experts; Professor Nicolas Demartines, Professor Greg Kennedy and Associate Professor Jamie Cannon who you will have the opportunity to meet. They share a love for academic research whilst maintaining busy clinical schedules. Since 2006, Professor Demartines has been the Chairman of the Department for Visceral Surgery at the University Hospital CHUV in Lausanne, Switzerland and is a Fellow of the ERAS (Enhanced Recovery After Surgery) Society Executive Board. Professor Demartines focus is on clinical and medical activity on oncologic surgery, mainly hepato-pancreatico-biliary, colorectal surgery, and oesophagus surgery.

We are also fortunate to have Professor Gregory Kennedy, who is currently the John H. Blue Chair of General Surgery and the Director of Gastrointestinal Surgery at the University of Alabama in Birmingham, United States. Greg also serves as the President of the Society of University Surgeons and the Recorder of the Society for Surgery of the Alimentary Tract.

Associate Professor Jamie Cannon is a leader in minimally invasive approaches to colorectal disease with an emphasis on robotics, colorectal cancer and sphincter-sparing operations and directs the Robotic Surgical Education Program at the University of Alabama, United States.

The program offers something for everyone; be they surgeons, stomal therapists and trainees alike. We hope you will enjoy both the program and the post meeting reception and that we see as many of you as possible in Sydney.

Alexander Engel, FRACS
Chair, Sydney Colorectal Surgical Meeting

Chris Byrne, FRACS
Treasurer, Sydney Colorectal Surgical Meeting

Julian Hayes, FRACS
Chair, Section of Colon & Rectal Surgery, RACS
ORGANISING COMMITTEE

Alexander Engel, FRACS – Chair, Sydney Colorectal Surgical Meeting
Julian Hayes, FRACS – Chair, Section of Colon and Rectal Surgery, RACS
Chris Byrne, FRACS – Treasurer, Sydney Colorectal Surgical Meeting
Kim Phan-Tien
Tony Shakeshaft
Catherine Turner
James Toh
Peter Stewart

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INVITED SPEAKERS

Professor Nicolas Demartines
Lausanne, Switzerland

2019 Edward Wilson Lecture

Nicolas Demartines, MD, FRCS, FACS, Hon FCCS is a Professor of Surgery, and Chairman of the Department for Visceral Surgery at the University Hospital CHUV in Lausanne, Switzerland. Professor Demartines is a member of the French Academy of Surgery, guest professor at the University Hospital of Lanzhou and Honorary Fellow of the ASGBI. His University Hospital in Lausanne was ranked 9th best hospital in the world by the Journal Newsweek in 2019. His clinical and surgical activity is focused on oncologic surgery, mainly hepato-pancreato-biliary, colorectal and oesophagus surgery. His research interests include the entire peri-operative management and minimally invasive approaches, especially in oncologic patients. In this field, nutrition and Enhanced Recovery After Surgery programs (ERAS) are now well established, and his department is recognised as one of the international leaders for ERAS. Professor Demartines is a member of the ERAS Society Executive Board as chair implementation and a member of ERAS USA. Further research in his department is the influence of postoperative complications on oncological outcome, as well as the multimodal treatment of non-operable liver metastasis. Moreover, HIPEC are performed as well as the new Pressurized Intra Peritoneal Chemotherapy minimal invasive (PIPAC). Nicolas Demartines is focused on post grade education, as a member of the Faculty at The European Institute of Telesurgery IRCAD-EITS in Strasbourg, France and in Taiwan. He is member of the council of the British Journal of Surgery. He serves as an expert at the French National Institute for Cancer (INCA) and is member of the editorial board of five peer-reviewed journals; he makes regular reviews for approximately 25 journals. He has over 380 publications in peer-reviewed journals and has lectured both nationally and internationally.

Professor Gregory Kennedy
Alabama, United States

Greg Kennedy, MD, PhD graduated from the University of Washington School of Medicine and received his PhD in cancer biology from the University of Wisconsin where he also completed his general surgery training. He completed a fellowship in colon and rectal surgery at the Mayo Clinic in Rochester, MN. He is currently the John H. Blue Chair of General Surgery and the Director of Gastrointestinal Surgery at the University of Alabama in Birmingham. Greg also serves as the President of the Society of University Surgeons and the Recorder of the Society for Surgery of the Alimentary Tract.

Associate Professor Jamie Cannon
Alabama, United States

Jamie Cannon, MD, FACS, FASCRS is an Associate Professor of Surgery at the University of Alabama at Birmingham. She is Program Director for the colorectal fellowship, and also serves as Director of the Colorectal Cancer service line. Dr Cannon is a leader in minimally invasive approaches to colorectal disease, with an emphasis on robotics, colorectal cancer and sphincter-sparing operations. She is one of the highest volume academic colorectal surgeons in the United States. Originally from Arizona, she is a graduate of the University of Arizona College of Medicine. She did her general surgery residency at Carolinas Medical Center in Charlotte, N.C., and her colorectal surgery fellowship with Georgia Colon and Rectal Surgical Associates in Atlanta.
CONFIDENCE COMES FULL CIRCLE

Tri-Staple™ technology is now on the EEA™ circular stapler

LESS STRESS

On tissue during compression and clamping compared to two row staplers 7,4,†

GREATER PERFUSION

May be allowed into the staple line compared to two row staplers 5,6,‡

CONSISTENT PERFORMANCE

Over a broad range of tissue thicknesses compared to two row staplers 9-10

REFERENCES

2. Foster RT Sr, et al., Neurourology Urodynamics. 2007
3. Leong et al., J Urology. 2011
4. an Wunnik et al., Diseases Colon Rectum. 2011
7. Based on internal test report #PCG-30. Comparison of circular staplers: tissue compression profiles as determined by 2-D static axisymmetric finite element analysis (FEA).
9. Based on internal test report #RED008030, Tulip benchmark test report.
10. Based on internal test report #2129-053, Ethicon benchak test report – Sigma™ circular reload.
† As compared to two-row circular staplers.
‡ Preclinical results may not correlate with clinical performance in humans.
§ Based on the addition of a third row of staples in the EEA™ circular stapler with Tri-Staple™ technology, as compared to predicate two-row device designs.
Ω Refers to the healing period (generally through day 28) that was evaluated in multiple preclinical (canine) survival studies designed to assess device safety and efficacy.
†† Finite element analysis (FEA) was used to determine the strain profiles of three circular staplers during clamp-up: EEA™ circular stapler with Tri-Staple™ technology, EEA™ stapler with DST Series™ technology and Ethicon Intraluminal Circular Stapler. The EEA™ circular stapler with Tri-Staple™ technology demonstrated a graduated compression profile upon clamping.

* Numbers reflect completers analysis, defined as subjects with data at baseline and each follow-up out to five years. Modified completers analysis is defined as subjects who either had a baseline and follow-up evaluation or withdrew early due to device-related reasons and are censored at follow-up. Success was defined as a ≥50% improvement in average leaks or voids/day or a return to normal voiding (<8 voids/day).

This therapy may not work for everyone. Results may vary from patient to patient. For a listing of indications, contraindications, precautions, warnings, and potential adverse events, please refer to the Instructions for Use.

See the device manual for detailed information regarding the instructions for use, implant procedure, indications, contraindications, warnings, precautions, and potential adverse events.

For further information, contact your local Medtronic representative or consult the Medtronic website at www.medtronic.com.au.
# 2019 Sydney Colorectal Surgical Meeting

**Saturday 23 November 2019**  
Hilton Hotel Sydney

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## Provisional Program

_Provisional Program Correct at time of printing (June 2019). May be subject to change._

### Session 1: Improving Short-Term (30 Day) Outcomes after Colorectal Surgery

- Does prehabilitation improve outcomes?
- NSQIP – quality improvement in a level playing field
- Volume vs outcome – is there evidence for centralisation in colorectal surgery
- Bowel preparation and oral antibiotics prior to elective colorectal surgery
- Impact of perioperative fluid loading on outcomes

**Morning Tea with Industry**

### Session 2: Management of Complex Clinical Challenges

- Management of complex surgical wounds
- Stoma complications – the good, bad and ugly
- How do I rescue an anastomotic leak?
- Pelvic mesh complications – prevention and management
- The difficult abdominal closure: tips and tricks

**Edward Wilson Lecture - The evolution of ERAS**

**Lunch with Industry**

### Session 3: Controversies in Colorectal Surgery

- Gastrointestinal bleeding – embolisation or colonoscopy?
- Perioperative anticoagulation and DVT prevention: a balancing act
- Can we manage acute appendicitis without surgery?
- Management for rectal prolapse – as elusive as ever?
- Is there a future for robotics in colorectal surgery?

**Afternoon Tea with Industry**

### Consultant’s Corner: Case Discussions

**Post Meeting Reception**

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GENERAL INFORMATION

The 2019 Sydney Colorectal Surgical Meeting is being held at the Hilton Hotel Sydney, located at 488 George Street, Sydney. All scientific sessions will be held on Level 3.

For more information about the venue please visit: www.hiltonsydney.com.au

Registration Desk
The registration desk will be located on Level 3, Hilton Hotel Sydney.

Opening hours:
Saturday 23 November 7:30am – 5:00pm

Industry Exhibition
Morning tea, lunch and afternoon tea will be held in the industry exhibition on Level 3, Hilton Hotel Sydney.

Registration
Delegates may register online, by fax or by mail.

Online: https://tinyurl.com/colorectal19
Fax: +61 3 9276 7431
Mail: 2019 Sydney Colorectal Surgical Meeting
Conferences and Events Management
Royal Australasian College of Surgeons
College of Surgeons Gardens
250 - 290 Spring Street
East Melbourne, Victoria 3002

Cancellations
Cancellations must be notified in writing to: Colorectal.sm@surgeons.org.

Cancellations before Monday 16 September 2019 will be charged 20% of the registration fee. There will be no refunds after Monday 16 September 2019.

Post Meeting Reception
The post meeting reception will be held on Level 3, Hilton Hotel Sydney at the conclusion of the meeting.

Special Dietary Requirements
Please note that the venue is responsible for all catering at the conference. RACS do not inspect or control food preparation areas or attempt to monitor ingredients used. You must contact the venue directly for all special dietary requirements during the event, irrespective of whether details have been provided to RACS.

If RACS requests information about your dietary requirements for a specific event RACS will endeavour to forward the information provided to the venue (time permitting). RACS will not retain information provided for future events, so you must verify your requirements for each event. Even if information is requested or provided, RACS takes no responsibility for ensuring that the venue acknowledges your dietary requirements or that these requirements can be met. In all cases you must verify for yourself that your dietary requirements have been met and RACS refutes any and all liability for any failure to adequately provide your special dietary requirements or any consequential damage resulting from such failure.
# Delegate Registration Form

## Delegate Information

<table>
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<tr>
<th>Title</th>
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Preferred name for name badge

Contact Address

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*All correspondence issued by email

☐ Please mark X in this box if you do not want your name, state and/or country circulated to delegates and industry.

### Dietary Requirements

- ☐ Vegetarian
- ☐ Gluten Free
- ☐ Lactose Free
- ☐ No Diary
- ☐ No Seafood
- ☐ Vegan
- ☐ Other

## Registration

(All prices in AUD and include Australian GST)

### Surgeon

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### Nurse / Allied Health Professional

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## Registration Total

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<td>Trainee</td>
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<tr>
<td>Nurse / Allied Health Professional</td>
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## Post Meeting Reception

Hilton Hotel, Sydney (Please indicate your attendance)

- ☐ Attending
- ☐ Not Attending

## Payment Details

(Tax invoice sent on receipt of Delegate Registration Form)

- ☐ Cheque – A cheque made payable to Royal Australasian College of Surgeons must accompany this form.
- ☐ Credit Card / PAYPAL – Payment instructions will be emailed to you upon processing of your registration.

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Royal Australasian College of Surgeons  ABN 29 004 167 766

Privacy Policy details can be viewed on the RACS website at [www.surgeons.org/disclaimerprivacy](http://www.surgeons.org/disclaimerprivacy)
2019 SYDNEY COLORECTAL SURGICAL MEETING
Saturday 23 November 2019
Hilton Hotel Sydney

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RACS Conferences and Events Management
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